

SAFETY RULES/DORM RULES

In the event of lightning, the site director will sound a signal for all students to immediately clear the playing field and proceed as quickly as possible to a designated covered area. Do not take equipment or bags unless instructed to do so. UTI staff will pick up balls and other equipment.

Be prepared with sun block lotion to prevent from getting burned. Shade and extra water will be provided.

All students are required to wear shin guards during contact activities.

Do not wear new shoes for the first time on the first day. New shoes will cause blisters until they are broken in. If you must wear them, use extra socks and put Vaseline petroleum jelly on any potential spots where blisters may form. Bring extra shoes in case blisters form.

For liability and safety reasons, students who are licensed drivers are not permitted to leave. Car keys must be turned in at check in.

Drink lots of water to stay hydrated during the day. **THIRST IS AN INDICATION THAT YOU ARE DEHYDRATED. DO NOT WAIT UNTIL YOU ARE THIRSTY TO DRINK WATER OR SPORTS DRINKS.** Take advantage of all water breaks provided. Bring a water bottle with your name on it. Extra water will be available.

All injuries must be brought to the attention of your coach immediately so proper treatment can be administered and the injury can be logged. Please do not wait until the next day to report an injury.

DORM RULES

No bouncing balls in room or in hallways.

No cleats in hallways.

Floors must be clean of all dirt, garbage, and grass, at check out. (Garbage bags will be provided, during check out).

Students must have their rooms inspected by staff before room keys are turned in.

Students are expected to sleep in their assigned room. Any problems with roommates must be discussed with the site administrator. **IF YOU HAVE A PREFERRED ROOMMATE, PLEASE FILL OUT THE SPECIAL SERVICES REQUEST FORM OR CONTACT THE UTI OFFICE AT (407) 772-7782.**

